

# Finally, the Spring Conference will be held

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The Spring Conference will be held at the Emerald Hall of the Central Park Hotel in Incheon from 11 a.m. to 4 p.m. on June 3, 2022. The academic conference has been held for the first time in 2 years after the coronavirus disease 2019 (COVID-19) frenzy has passed. It's been a long time since we met, so even though it's a natural conference, it feels sad. Furthermore, I would like to thank the executives for their health over the years.

The theme of this conference is "Rehabilitation research after COVID-19," and we tried to acquire the latest knowledge related to exercise and rehabilitation for our life after COVID-19. I would like to thank Dr. Jin Yong Kim, Incheon Metropolitan City Medical Center, for giving the topic lecture. Also, I would like to express my gratitude to Dr. Seung Hong Choi of Seoul National University Hospital and Dr. Ji-Eun Yu of Korea University for the guest lectures. I would also like to express my gratitude to Dr Eun-Surk Lee and Jiyoun Kim of Gachon University, who were in charge of presenting the research.

Through this COVID-19 outbreak, not only us, but people around the world have fully experienced that the health of animals and the environment has a profound impact on human health. The concept of "One health" is that the environment and animals must be healthy in order for humans to maintain a healthy life. This means that human health cannot be guaranteed unless the environment is destroyed and animals cannot live healthy.

Also, we have felt much of the lack of human knowledge about

medicine and science today. Humans have achieved remarkable achievements in developing a vaccine against COVID-19 in just over 2 years, but there are many limitations in catching up with the mutation of COVID-19. A treatment for COVID-19 has also been released, but many questions are raised about the side effects and the therapeutic effect.

In the midst of this, our overall situation with COVID-19 is hopeful. We are slowly finding our way into our daily lives, and thanks to that, we have been able to hold academic conferences. We will have to work harder to further expand this hope. We cannot miss this difficulty seized opportunity and fall into the yoke of 'isolation' again. We hope that "Rehabilitation Research after COVID-19" will develop more vigorously with this conference, and we hope that our daily lives will return to normal.

## CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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